

## Local Health and Wellbeing Group Record

Area	South West Wiltshire Health and Wellbeing Group				
Date	14/6/2017	Times	1 - 2.30pm	Venue	Nadder Centre, Tisbury
Present	Cllr Jose Green (Chair, Wiltshire Councillor), Pauline Church (Wiltshire Councillor), Tim Mason (Alzheimer's Society), Eamon McClelland (Wiltshire Council, Resident Engagement Officer), Ann-Marie Dean (Health and Wellbeing Champion), Steve Harris (Wiltshire Council, Community Engagement Manager), Diane Jenkins (Alzheimer's Society), Sarah Hopkins (Anybody Can Cook),				
Apologies	Zoe Young (Wiltshire Council, Resident Engagement Officer), Sue Wight (Age UK), Stacey Plumb (Healthwatch Wiltshire), Dr Andy Hall (Fovant Surgery), Pippa Webster (Age UK), Val O'Keefe (Health and Wellbeing Champion),				
Agenda Items					
1	Welcome and Introductions/Apologies				
2	Notes/actions from meeting on 15 March 2017				
3	Healthy lifestyles priority / Anybody Can Cook				
4	Update on investigations into hospital admissions attributable to alcohol usage				
5	Local activities directory update				
6	Dementia Action Alliance update				
7	Health Fair event				
8	Updates from group members				
9	AOB				
Decisions/Actions					
1	Apologies listed above.				
2	<p>Jose advised that the DAA conference takes place on 26 June 2017.</p> <p>Dementia Friends session in Chalke Valley due to take place on 22 June 2017.</p> <p>Ann-Marie has met with Caroline Wilson, they have agreed 15 locations across the area to run future Dementia Friends sessions.</p> <p>Wilton week awarded £2,500 funding at Area Board meeting on 31 May 2017. £5,500 budget remaining (including £1,000 for H&amp;WB Champion expenses).</p>				
3	<p>Sarah from Anybody Can Cook gave a presentation on what they can provide.</p> <p>Aim is to encourage everybody to eat healthy despite income. Start with mother and baby – feeding baby programme, following on from health visitors.</p> <p>Messy play sessions – pre-school, as much as possible with adults present as well.</p>				

	<p>Family cooking – can be in childrens’ centres, schools. Anything from one off session to a 6 week course (2 hours per session). Will produce meal from each session.</p> <p>Work with youth – going into centres, into 6<sup>th</sup> form settings.</p> <p>Also adult workshops – e.g. lunch clubs. Promote cooking for older people who find themselves on their own, have previously given away a slow cooker to encourage ongoing cooking.</p> <p>Food safety courses.</p> <p>2 hour course cost approximately £140 – 180.</p> <p>Minimum of 9 adults, they remain responsible for their children.</p> <p>Tim suggested linking in with Rotary groups for funding.</p> <p><b>EXTRA ITEM</b></p> <p>Diane Jenkins from Alzheimer’s Society gave an update on their services in the area.</p> <p>No longer delivering on CCG and Wiltshire Council contract, doing activities outside of this across Wiltshire.</p> <p>Still have existing day support service in Salisbury, The Forresters. Capacity for more people to attend, including lunch. Trained staff present, gives carers a break.</p> <p>Specialist carer support groups.</p> <p>Independent living worker being recruited, should be in post in July.</p> <p>All services currently taking referrals.</p> <p>New service Side by Side, piloted across country in certain areas and being rolled out nationally. Concentrating on South Wiltshire first. Match volunteers to those who need support. 11 volunteers already signed up. Recruitment campaign to take place. Tackling social isolation and loneliness.</p> <p>Have a men’s group in Salisbury, some of them are becoming Side by Side volunteers.</p> <p>Diane was happy to be involved in the upcoming Health and Wellbeing Fair. Also can assist with a service for veterans, Kit Bags and Berets.</p> <p><b>ACTION – Pauline to arrange meeting with Sue Van Leese (Our Wilton) to explore possibilities for joint working.</b></p>
4	<p>Steve provided update previously sent by Mark:</p> <p>Wilton data checked, one person had 8 admissions in last year. Top three people account for 17 admissions. Of these three, one died aged 39 from cirrhosis of the liver, one is in a new relationship which has improved their situation.</p> <p>Concern about whether target audience will access support, will try other methods of getting in touch e.g. taking roving vehicle to Market day.</p> <p>Pauline asked for further information.</p> <p><b>ACTION – Steve to chase up, how would figures be affected if top three were removed? And what percentage of the total people accessing hospital were they?</b></p>

5	<p>Steve advised that directory has been shared, positive feedback received.</p> <p>Ann-Marie reported Hindon surgery no knowledge.</p> <p><b>ACTION – Steve to chase up with surgeries, check with Ruth Taylor and forward to Eamon.</b></p>
6	<p>Jose advised that 1<sup>st</sup> meeting takes place on 26 June.</p> <p>Tim advised Salisbury Cathedral currently have roadshow. Claire Snook (Old Orchard Surgery, Wilton) keen to link up.</p> <p><b>ACTION – Steve to chase up with Claire Snook.</b></p> <p>Tim advised that ‘Unforgettable’ website has lots of resources for people who have dementia.</p> <p>Salisbury Hospital becoming DAA and would like to liaise with other areas. Keen to come out to the community to deliver sessions. They hope to encourage more parishes to become dementia friendly communities.</p> <p>Broad Chalke and Winterbournes representatives coming to DAA meeting to share what they are doing.</p> <p>Tim advised now a Wiltshire and Swindon DAA support group on Facebook.</p> <p>DEEP – people with dementia having a voice about their own services and treatment.</p> <p>Looking at dementia friendly buildings, Tim suggested DAA could potentially award a certificate in future?</p>
7	<p>Steve proposed that this is held on Wednesday 27<sup>th</sup> September at Nadder Campus between 2 and 5pm. Added attractions to draw ‘the crowds’ such as cream tea, community choir. To be co-ordinated by CEM and H&amp;WB champions.</p> <p>Ann-Marie suggested inviting Anybody Can Cook.</p> <p>Tim and Eamon suggested possibility of food sampling.</p> <p>Pauline suggested adding condition that stands are interactive.</p> <p>Steve will confirm details when booked.</p>
8	<p>Ann-Marie advised she has been trying to advertise for ‘Sunday tea at 3’ initiative asking for people to host tea once or twice a year for no more than 6 people, also for people who would like to attend. Only three responses.</p> <p>Gillingham launched coffee companions on Saturday. Agreed times with local businesses when they will be open for Chat Mats. Trying to link in with local clubs to visit at those times to promote what they do.</p> <p>Diane suggested this could link in with DAA and Safe Places.</p>

	Ann-Marie suggested could be launched at Health Fair. <b>ACTION – Ann-Marie to investigate further and report back to group</b>
9	
Recommendations to Area Board	
	None